

Touch of Faith Ministry Simple Bible Study Course

Student's Name: _____ Bible Instructor: _____ Date: _____

“If You Love Me”



One of the strangest things that I have ever encountered is the belief that Adam and Eve were Jews. Funny you say? You never heard that? Try asking someone about the Sabbath and they will say, “It is for the Jews.” However, when God gave it, not a single Jew was around, just Adam and Eve and neither one was Jewish. Whose Sabbath is it anyway? And who was it given for?

1. When was the Sabbath instituted?

“Thus the heavens and the earth were finished, and all the host of them. And on the seventh day _____ ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it.” (Gen. 2:1-3)

NOTE: The crowning act of creation the Sabbath.

2. Who was it made for?

“The Sabbath was made for _____, and not man for the Sabbath.” (Mark 2:27)

3. How did God make it special?

“God blessed the seventh day, and _____ it.” (Gen. 2:3). “The LORD made heaven and earth, the sea, and all that in them *is*, and _____ the seventh day: wherefore the LORD blessed the Sabbath day, and _____ it.” (Ex. 20:11)

4. What is the Sabbath a sign of?

“Verily my sabbaths ye shall keep: for it *is* a sign between me and you throughout your generations; that ye may know that I *am* the LORD that doth _____ you.” (Ex. 31:13)

5. Can the blessing of the Sabbath be transferred to another day?

“For thou blessest, O LORD, and *it shall be* blessed for ever.” (1 Chron. 17:27)

NOTE: The Sabbath stands for all of the law because it authenticates the law. It is the seal of God’s authority.

6. What was Jesus’ Sabbath custom?

“And he came to Nazareth, where he had been brought up: and, as his custom was, he _____ into the synagogue on the Sabbath day, and stood up for to read.” (Luke 4:16)

7. What did the Jewish Christians do the Sabbath after Jesus’ death on the cross?

“And the women also, which came with him from Galilee, followed after, and beheld the sepulchre, and how his body was laid. And they returned, and prepared spices and ointments; and _____ the Sabbath day according to the commandment.” (Luke 23:55, 56)

8. Which day did Paul keep, after the cross?

“And he reasoned in the synagogue every _____, and persuaded the Jews and the Greek.” (Acts 18:4)

9. Which day did New Testament Gentile Christians keep after the cross?

“And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next Sabbath. And the next _____ day came almost the whole city together to hear the word of God.” (Acts 13:42, 44)

9. According to the Bible, the Sabbath is found between which two days ?

“And that day was the _____, and the Sabbath drew on” (Luke 23:54). “And when the Sabbath was past, Mary Magdalene, and Mary the *mother* of James, and Salome, had bought sweet spices, that they might come and anoint him. And very early in the morning the _____ *day* of the week, they came unto the sepulchre at the rising of the sun.” (Mark 16:1, 2).

NOTE 1: The Sabbath of the New Testament is found between Friday, the preparation day and Sunday, the first day of the week.

NOTE 2: Some ministers attempt to say that when the text says, “When the Sabbath was past,” that it meant that the seventh day Sabbath had ended and a new Sabbath was instituted. The only problem, however, is that Paul; some thirty years later not only kept the seventh day Sabbath, but also taught the Gentiles to observe it.

10. How do the wicked treat the Sabbath?

“_____ at her Sabbaths.” Lam. 1:7

“_____ the Sabbath day.” Neh. 13:17

“_____ their eyes from my Sabbaths.” Eze. 22:26

11. Does the Sabbath ever end?

“For as the new heavens and the new earth, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain. And it shall come to pass, *that* from one new moon to another, and from one _____ to another, shall all flesh come to worship before me, saith the LORD.” (Isa. 65:22, 23).

NOTE: Like God, the Sabbath is eternal. We will keep it in heaven and the earth made new.

12. Do you want to be among God’s people who believe Him and have His Sabbath sign?

Answer _____
